**Gratitude – Thanksgiving Sunday**

October 10, 2021

Pastor Moses Khan

**Main Scripture**

**Philippians 4:4-7**

**4**Rejoice in the Lord always. Again I will say, rejoice! **5**Let your gentleness be known to all men. The Lord *is* at hand. **6**Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; **7**and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.

**Secondary Scripture**

**Luke 17:11-19**

**11**Now it happened as He went to Jerusalem that He passed through the midst of Samaria and Galilee. **12**Then as He entered a certain village, there met Him ten men who were lepers, who stood afar off. **13**And they lifted up *their* voices and said, “Jesus, Master, have mercy on us!”

**14**So when He saw *them,* He said to them, “Go, show yourselves to the priests.” And so it was that as they went, they were cleansed.

**15**And one of them, when he saw that he was healed, returned, and with a loud voice glorified God, **16**and fell down on *his* face at His feet, giving Him thanks. And he was a Samaritan.

**17**So Jesus answered and said, “Were there not ten cleansed? But where *are* the nine? **18**Were there not any found who returned to give glory to God except this foreigner?” **19**And He said to him, “Arise, go your way. Your faith has made you well.”

**Main Points**

1. **The Posture of Thanksgiving**

Thanksgiving is not circumstantial

* Give thanks IN all circumstances (for this is **God's will** for you) (1Thessalonians 5:18)
* In any and every circumstance I have learned the secret (Philippians 4:11-13)
* Giving thanks always and for everything to God (Ephesians 5:20).

1. **The Practice of Thanksgiving**

Thanksgiving is a discipline

* Thanksgiving is a command to be obeyed
* Offer to God a sacrifice of thanksgiving (Psalm 50:14; Hebrews 13:15)
* Thanksgiving is a perspective to choose (Philippians 4:13 - is a statement based on a perspective he learned)
* Think about these things...practice these things (Philippians 4:8-9).

1. **The Power of Thanksgiving**

Thanksgiving is a weapon

* A thankful mind leads to a victorious life
* Thankfulness activates your praise - God shows up in our praise (Psalm 22:3, Psalm 100:4) Enter His gates with thanksgiving, into his courts with praise
* Thankfulness with praise - binds and confuses the enemy (2Chronicles 20:22)
* We seemed to ourselves like grasshoppers (Numbers 13:33)
* Thanksgiving fights and protects from anxiety
* Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving...and the peace of God...will guard your hearts… (Philippians 4:6)
* The opposite of thanksgiving will produce self-destruction (Romans 1:21).

**Questions & Discussion**

### Would the people closest to you call you a complaining person or a thankful person? Why do you think that would be?

### What is a simple way to introduce the practice of thanksgiving into your life? Put this practice to the test and keep track of how it positively influences your perspective.

### In relationships, how do you currently handle the grumbling of others? What would you do different in light of the sermon?

### As you close the discussion, name things you are genuinely thankful for and spend some time in prayer thanking God for those things.